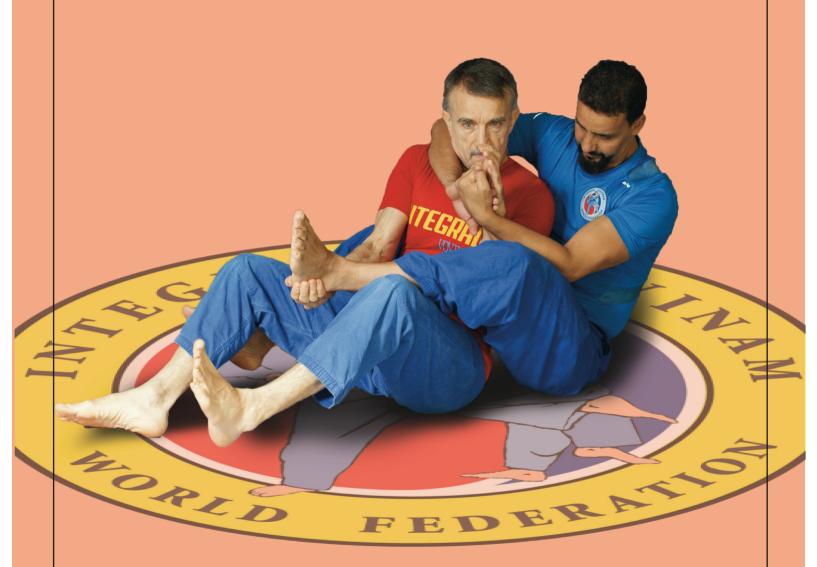


GROUND FIGHTS

RULES & REGULATIONS



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IVWF - GROUND FIGHTS

The rules are the same as for the Vật fights, except for the following parts:

ART. 1 A:

All participants in Ground Fight category competitions must be at least 14 years old.

ART. 1 B:

Ground Fight is not Vật, it is a specific feature of the Integral Fighting System to provide a type of combat without throwing and thus reducing the risk of injury. This opens the competition to an audience looking for a less violent modality.

ART. 6: Duration of the fight

2 X 5 minutes in the elimination stages 3 x 5 minutes in the semi-finals and finals 1 minute rest between rounds

ART. 7 B.2: Categories for veterans

The weights are as follows: -67 kg; -75 kg; -83 kg; -91 kg and +91 kg. Three age categories: 40 to 49 / 50 to 59 / and 60 to 69

ART. 8 B: There are no standing techniques

- 1) All Ground Combat techniques are done without ever standing up
- 2) The standing position of one of the fighter during the fight results in his elimination
- 3) Having both feet as the only body part in contact with the ground results in elimination.

ART. 10: GROUND COMBAT

- 1) Before going into ground combat, athletes must first have had mutual contact starting with both knees on the ground Grabbing the neck or back of the neck with both hands is NOT allowed.
- 1 -c) Catching 1 wrist is allowed.

ART. 11: CLINCH (STANDING)

The standing clinch is not allowed because the standing position is prohibited

IVWF - GROUND FIGHTS

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IVWF - GROUND FIGHTS

INTEGRAL Fighting Sys	tem	DECISION CARD N°		
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RED:		BLUE: TEAM:		
JUDGES	RED Winner	BLUE Winner		
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Judge 2				
Judge 3				
Judge 4	1 10			
Judge 5				
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RED: TEAM:		BLUE: TEAM:		
JUDGES	RED Winner	BLUE Winner		
Judge 1				
Judge 2				
Judge 3				
Judge 4				
Judge 5				
WI Chief of the Referees Signature:	NNER :	Secretary Signature:		

